GDC Kishtwar Womens Grievance Cell Hosts Interactive Seminar on Womens Health and Hygiene

Kishtwar, April 27, 2024: Today, the Womens Grievance Cell of GDC Kishtwar orchestrated an engaging session and consultation on Womens Health and Hygiene, under the patronage of Prof. Basharat Iqbal, Principal of GDC Kishtwar. Dr. Tabassum Saleem, Convenor of the Womens Grievance Cell along with Dr. Yasar Ahmed and Dr. Sehrish Gazal, spearheaded the program with the goal of empowering women with essential knowledge on various health issues they may face. The seminar featured Dr. Shafiga Dar, a distinguished Senior Consultant Gynaecologist, as the guest speaker. Dr. Dars insightful discourse highlighted the critical importance of healthcare and proper hygiene practices in womens daily lives. She discussed different aspects of womanhood, menstrual hygiene practices, and various types of cancers affecting women. Dr. Tabassum Saleem delivered the formal welcome address, underscoring the seminars aim to cultivate a well-informed female population. Dr. Shafiga Dars Informative Presentation imparted valuable insights on womens health, followed by an Expression of Gratitude for her expertise. Dr. Dar also gave on spot free consultation to various students related to menstrual problems. Dr. Sehrish Gazal concluded the seminar with a Closing Vote of Thanks. The event saw active participation from both teaching and non-teaching faculty members, including Dr. Vijay Kumar, Prof. Ajeet Kumar, Prof. Jaideep, Prof. Sonika Sen, Prof. Asma Javaid, Prof. Sheikh Mohd Usman, Prof. Omraj, and Suram Singh, alongside approximately 150 engaged students. This initiative by the GDC Kishtwar Womens Grievance Cell stands as a commendable endeavor in fostering a culture of womens health awareness and promoting overall well-being within the college community.

GOVERNMENT DEGREE COLLEGE KISHTWAR

NAAC ACCREDITATION "B" GRADE

WOMEN'S HEALTH AND HYGIENE SEMINAR

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GDC Kishtwar Women's Grievance Cell Hosts Interactive Seminar on Women's Health and Hygiene

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KISHTWAR: Today, the Women's Grievance Cell of GDC Kishtwar orchestrated an engaging session and consultation on Women's Health and Hygiene, under the patronage of Prof. Basharat Principal Iqbal, GDC Kishtwar. Dr. Tabassum Saleem, Convenor Women's Grievance Cell along with Prof Umar Din Rather, Dr. Yasar Ahmed and Dr. Sehrish Gazal, spearheaded the program with the goal of empowering women with essential knowledge on various health issues they may face. The seminar featured Dr. Shafiqa Dar, a distinguished Senior Consultant Gynaecologist, as the guest speaker. Dr. Dar's insightful discourse highlighted the critical importance of healthcare and proper hygiene practices in women's daily lives. She discussed different aspects of womanhood, menstrual hygiene practices, and various types of cancers affecting women. Dr. Tabassum Saleem delivered the formal welcome address, underscoring the seminar's aim to cultivate a well-informed female population. Dr. Shafiqa Dar's Informative Presentation imparted valuable insights on



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